Yoga Teacher Training Courses

Upcoming

Advanced Yoga Teacher Training Courses in France, India and Netherlands

France

"Yoga as a way of life"

One-month, 200 hours, residential course

Courses in Spring or Autumn

Enroll Now

Rishikesh, India

"Advanced Yoga TTC"

One-month, 200 hours, residential course

Check out the possibilities!

Enroll Now

Chat through Whatsapp
Chat met ons via Whatsapp

Arnhem, the Netherlands

"The Science of Life"

1 year, 200 hours, weekend course

Enroll Now

Bilthoven, the Netherlands

"Yoga & Ayurveda Teacher Training"

1 year, 200 hours, weekend course

Enroll Now

Indian Classical Yoga has a unique offer when it comes to **Yoga Teacher Training Courses**. As an affiliate of The Yoga Institute in Mumbai, it is the first to offer **Traditional Yoga Teacher Training** in Europe, following authentic Indian traditions.

With programs available in **The Netherlands** and France, becoming a certified yoga instructor through our **Yoga Teacher Training Nederland** has become easier than ever. Once you complete your initial training, you can advance your learning with an **Advanced Yoga Teacher Training Course** and immerse yourself in the philosophy of Yoga in Rishikesh, India — the birthplace of Yoga.

To make learning accessible, our **Yoga Teacher Course** options include a residential one-month program, an on-campus weekend course, and flexible **Online Yoga Teacher Training Courses**. No matter which format you choose, our **Advanced Yoga Course** maintains the highest standards of excellence.

Our courses offer a holistic approach to Yoga as taught in India, including:

- A comprehensive syllabus introducing fundamental Yoga principles.
- All prime asanas with detailed background information.
- A variety of Yoga practices such as Kriya, Pranayama, and Meditation.
- Application of Yoga philosophy from Patanjali's Yoga Sutras, Bhavas, and the Four Pillars of Yoga.
- Guidance on improving life through mental discipline and awareness.

We look forward to seeing you in one of our **Advanced Yoga Teacher Training Courses** soon!

If none of the courses fit your schedule, we're happy to arrange a private **Yoga Teacher Training Course**. Please contact us directly through the contact page.

Testimonial

What They Say.

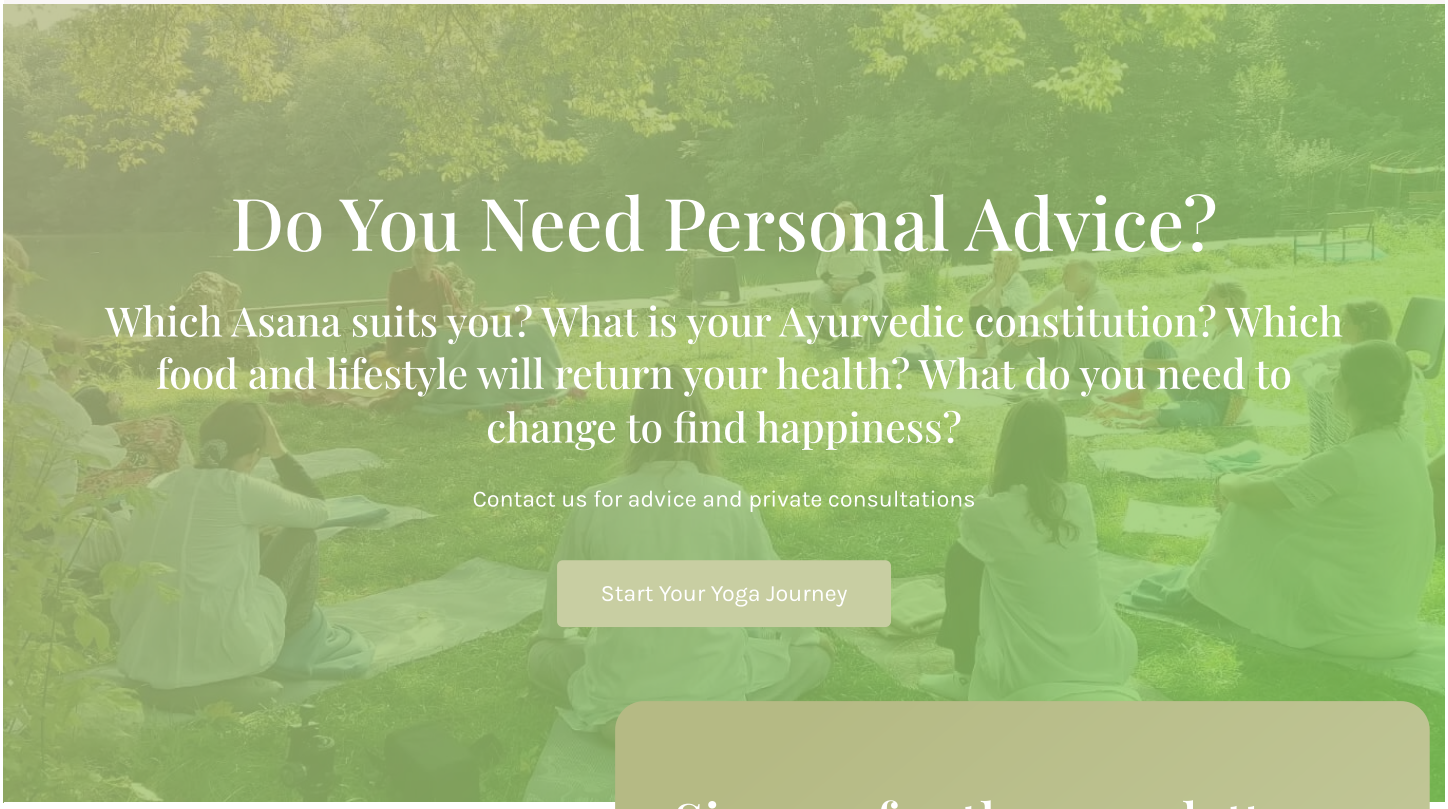
Franziska

★★★★★

Yoga Teacher Training Course in France 2021

What I would say to someone who is interested in following the TTC is, 'Do it'! It is not only a truly enriching experience, but one that has the potential to change your life. I absolutely loved the diversity of each day. The mix between theory, practice and different activities is fun and also keeps me alert and energized during the day. I also really, really enjoyed learning

about the theory and background of Yoga, Indian philosophy and the Sanskrit language.



Do You Need Personal Advice?

Which Asana suits you? What is your Ayurvedic constitution? Which food and lifestyle will return your health? What do you need to change to find happiness?

Contact us for advice and private consultations

Start Your Yoga Journey

Sign up for the newsletter

Stay informed about our activities and receive practical tips via our e-mail newsletter. Maximum 4 times a year.
Add indianclassicyoga@gmail.com to your contacts!

Name

Email

Send

Indian Classical Yoga is Yoga according to the ancient traditions of India. Let the wisdom of Yoga guide you on the path towards health and happiness!

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